

## Vitality contributions 2025

### Vitality contributions for 2025

	Vitality
Member	R399
Member + 1	R479
Member + 2	R559

### KeyFit premiums for 2025 (only for those already on KeyFIT)

	KeyFIT	Vitality and KeyFit Combo
Member	R85	R439
Member + 1	R109	R529
Member + 2	R129	R589

### Vitality Active contributions for 2025

	Vitality Active
Principle Member	R145
Adult dependant/spouse	R145