

SEPTEMBER 10
2021

WORLD SUICIDE PREVENTION DAY

GLOBAL SUICIDE STATISTICS



An estimated **703,000** people die by suicide worldwide each year.

Over one **in every 100** deaths (1.3%) in 2019 were the result of suicide.

The global suicide rate is over **twice as high** among men than women.

Over half (58%) of all deaths by suicide occur **before the age of 50 years old**.



Suicide occurs across all regions in the world, however, **over three quarters (77%)** of global suicides in 2019 occurred in **low and middle income** countries.

An individual suffering with depression is **twenty times** more likely to die by suicide than someone without the disorder.

If you or your loved one needs support during this time, reach out to your ICAS EHWP via your toll-free number or the ICAS On-the-Go App to seek counselling support.

Call your dedicated Toll-Free Line.

(Free from landlines and mobile phones.)

Or request a call back: ***134*905#**

Applicable to you and those who live under your roof.

Source: <https://www.iasp.info/wspd2021/resources/>

